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## **CONGREGATE HOUSING, ENHANCED CORE SERVICE** **and** **ASSISTED LIVING SERVICES**

### **CONGREGATE HOUSING FOR THE FRAIL ELDERLY**

The Marvin is funded under Section 8-119 of the Connecticut General Statutes - Congregate Housing for the Frail Elderly. The program is under the auspices of the State of Connecticut, Department of Housing (DOH) (DECD) and the Connecticut Housing Finance Authority (CHFA).

Eligibility for residency at The Marvin is based on the following guidelines:

- Adults 62 years of age or older, or two person families, provided one is at least 62 years of age or older;
- Total gross family annual income, from all sources, including interest from assets, cannot exceed State of Connecticut income guidelines;
- Persons who are able to live independently, but who have temporary or periodic difficulty with at least one of the essential Activities of Daily Living;
- Persons who meet the State of Connecticut criteria for Congregate Housing for the Frail Elderly.

Congregate housing is appropriate for many senior citizens who need occasional help, but do not require the breadth of services available at a nursing home. Congregate services are included for residents of The Marvin to assist them in remaining independent. Participation in the congregate services program is required. The Marvin's core congregate services include:

- One meal per day (dinner);
- Light weekly housekeeping;
- 24 hour emergency coverage;
- Linkages with city, state and private providers for support services.

### **EXPANDED CORE CONGREGATE SERVICES**

In 2000, DOH/DECD made available additional funding in order to provide some enhanced congregate services to all residents living in congregate housing, in order to enable them to remain independent longer, thereby avoiding unnecessary or early transfer to a higher level of care facility. These expanded core services include funding for:

- A Resident Services Coordinator (partial funding);
- Wellness/Prevention Programs;
- Emergency Transportation.

## **ASSISTED LIVING SERVICES**

Public Act 00-2 allowed DOH/DECD to offer Assisted Living Services to residents in state financed congregate housing. Through a collaborative effort of DOH, the Department of Public Health (DPH) and the Department of Social Services (DSS), the program is available at The Marvin.

***Assisted Living is "...a special combination of housing, supportive services, personalized assistance and health care designed to respond to the individual needs of those who need help with activities of daily living and instrumental activities of daily living. Supportive services are available 24 hours a day to meet scheduled needs in a way that promotes maximum dignity and independence for each resident and involved the resident's family, neighbors, and friends."*** (Assisted Living Federation of America.)

Congregate Housing provides an excellent option for those unable to maintain a safe and healthy independent living environment. By offering assisted living services, the congregate housing facility provides a viable choice to the residents that will enhance and maintain a degree of continued health, dignity and independence, at significantly less cost than nursing facility placement.

### **Assisted Living Services available to eligible residents based on individual need may include:**

- **On-site nurse – hours depending on the number of participants;**
- **On-call nurse 24 hours per day;**
- **Personal Services include hands-on assistance with daily activities including, but not limited to: dressing, grooming, bathing, using the toilet, transferring, walking, and eating. Personal Services can include changing bed linens in conjunction with incontinence care or other needs which necessitate such assistance more than once per week.**
- **Additional core services may be provided including housekeeping, personal laundry and meal preparation.**

Assisted Living Services are provided in the Congregate Housing facility, which has become a Managed Residential Care facility (MRC), by a licensed Assisted Living Service Agency (ALSA).

Assisted Living Services (personal services) and additional core services are available to qualified residents and funded in part through the following Departments and Programs:

- DSS' Connecticut Home Care Program (DSS/CHCPE) is available for residents that are 65 years old or older that meet the functional and financial program eligibility requirements;
- For those individuals who meet the functional eligibility for the DSS/CHCPE (at least one critical need) but who are either under the age of 65 and/or do not meet the financial eligibility for the DSS/CHCPE, limited financial assistance will available through DECD (residents may participate using personal funds or assets) ;
- Residents determined eligible for DSS/CHCPE services must be offered a choice either to accept the Assisted Living Services or the fee for service delivery system under the DSS/CHCPE. However, qualified residents must be encouraged to accept the Assisted Living Services component of the DSS/CHCPE.

Assisted Living Services at The Marvin began May 2001. Jewish Senior Services is the Assisted Living Provider at The Marvin.

**For further information, contact The Marvin at 203-854-4660.**

## 2019-2020 ASSISTED LIVING FEES<sup>1</sup>

Level	<b>AVERAGE</b>	Daily ALSA Rate	Daily Additional Core Rate (i.e. laundry, meal prep, shopping, etc.	TOTAL Daily Rate For Information Only	<b>MONTHLY RATE<sup>3</sup></b> (Average - Annualized) With Additional Core  <i>Exact Fee determined based on the number of days in the month</i>
	Hours Per Week <sup>2</sup>				
1	<b>Average</b>	\$24.75	\$4.55	\$29.30	\$891.21
	<b>2.5 hours/week</b> plus .25 nursing (1 – 3.75 hrs/week)				
2	<b>Average</b>	\$40.75	\$4.55	\$45.30	\$1,377.88
	<b>6 hours/week</b> plus .50 nursing (4 – 8.75 hrs/week)				
3	<b>Average</b>	\$57.39	\$4.55	\$61.94	\$1,884.01
	<b>10 hours/week</b> plus .75 nursing (9 – 14.75 hrs/week)				
4	<b>Average</b>	\$73.89	\$4.55	\$78.44	\$2,385.88
	<b>20 hours/week</b> plus 1 nursing (15 – 25 hrs/week)				

**1 Fees established by the State of Connecticut, Department of Housing and Department of Social Services.**

**Fees subject to change. 2019-2020 Fees effective 12/1/19**

**2 Exact hours may vary and are dependent on individual needs, assessment and care plan)**

**3 Billing is determined by a “Billable Week”. ANY service received during a week is billed at the full weekly rate.**